

# LUXSA SPA

FOR YOUR COMPLETE SPA EXPERIENCE



lux • sa-*sanskrit*, to keep or protect;  
to make better by healing and personal care

## LUXSA 4 ELEMENTS OF LIFE



FIRE



EARTH



AIR



WATER

# GENERAL OVERVIEW

## *Reservations*

Please press 032 – 443 000 or 02 – 209 1229 on your phone to make an appointment or visit the Luxsa Spa reception to discuss treatments with our Spa Manager and receptionists. Appointments are necessary for all Spa treatment and are available from 10:00 am until 07:00 pm.

## *Spa Attire*

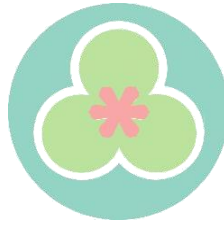
Wear whatever feels comfortable. Luxsa Spa will provide you with the entire spa related outfits. We do not advise that you bring valuables to the spa. You are welcome to wear make-up, however note that it will be removed before certain treatments, such as facials.

## *Arrival Time*

For your very first appointment at Luxsa Spa, we recommend that you arrive a minimum of 15 minutes prior to your schedule time. This allows you to check in, change and familiarize with the facility.

## *Choosing Your Treatment*

Our Spa Manager will help you plan the perfect Luxsa Spa experience. She will help you decide on specific treatments after discussing individual requirements. Please inform her, in particular, if you have high blood pressure, suffer from allergies, or are pregnant. If you have any concerns at all, please let us know.



LUXSA SPA

# GENERAL OVERVIEW

## *Personal Comfort*

This is your time and you should enjoy the experience to the fullest. Please inform our therapists of any preferences you may have, whether it is the massage pressure, your favorite oils, the room temperature, or music volume.

## *Massage Oil Elements*

The world-renowned Thai art of healing involves application of traditional Thai methodology of the four elements of life: Earth, Water, Air, and Fire. Luxsa Spa interprets this elements theory into our daily service and treatment to balance the relationship of harmony, physiology and pathology of body and environment.

## *Arriving Late for an Appointment*

Arriving late will simply limit your treatment time, thus lessening its effectiveness and your pleasure. Your treatment will end on the scheduled time so that the next guest is not delayed. Should you be late, the time will be made available for the other guests after 15 minutes past the scheduled reservation time.

## *Cancellation Charges*

Should you need to cancel a treatment reservation, we ask you to notify reception at least 2 hours before the scheduled treatment time to avoid any cancellation fees. The cancellation fee if Luxsa Spa is not notified within 2 hours is 50% of the treatment price.



# SIGNATURE TREATMENTS

## *The Eastern Blend*

A medium to strong massage that combines traditional Thai massage techniques. An oil massage using palms and thumbs aimed to relieve sore and tired muscles and to improve and unblock blood circulation.

60 minutes	1,650 Baht
90 minutes	1,950 Baht

## *The Luxsa*

This massage aims to balance your elements. By using oil applied to your skin for healing, The Luxsa stimulates the metabolism, relieves mental and physical fatigue, reduces stress and tension and balances the nervous system which promotes an overall sense of well-being.

60 minutes	1,650 Baht
90 minutes	1,950 Baht

## *Traditional Herbal-Aromatic Oil*

This technique uses a special herbal ball in massaging specific body parts for the purpose of relieving stress and loosening up muscles followed by an aromatic oil massage to restore body and mind balance to a sedative effect. The application of the heat acts as increasing circulation decreasing pain and softening the tissues.

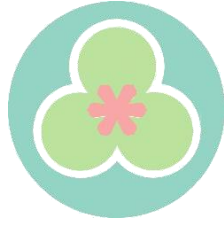
90 minutes	1,950 Baht
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## *The Serenity Massage*

(Neck Back Shoulder with oil)

For many people, the neck and shoulder are common areas of soreness and tension. Working at a desk or a computer all day helps to create such problems. To have this pain eased away can be a source of great pleasure. This massage relaxes you, offering a sense of serenity to your day.

30 minutes	850 Baht
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# MASSAGE TREATMENTS

## *The Siam*

### *Thai Massage*

The world-renowned ancient Thai art of healing involves applying pressure to the body's energy meridians. It releases built up tension, improves blood circulation and frees your body of toxins that gather in tired and overworked muscles. (This massage does not use aromatic oils).

30 minutes	500 Baht ( Neck Back Shoulder)
60 minutes	900 Baht
90 minutes	1,400 Baht

## *Herbal Healing*

### *Thai Herbal Compress*

Herbs are not only an essential part of Thai medicine, but also an everyday part of Thai life and are traditionally used for their healing, energizing and balancing effects on the body. After a full body pressure-point massage, a hot herbal compress of *plai, tamarind leaves, tumeric, bergamot peels, camphor, lemongrass and black sesame seed* are pressed onto the body's meridians to soothe muscles and stimulate the vital organs. (This massage does not use aromatic oils).

90 minutes	1,650 Baht
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## *Foot Massage*

Based on the ancient Chinese theory that your feet are miniature maps of your entire body and so specific points on the feet correspond to all major body parts and organs. This treatment uses pressure points to systematically stimulate the nerve reflexes, thereby stimulating all body tissues to improve overall function and well-being.

60 minutes	550 Baht
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# SCRUBS

## *The Detoxifying Scrub*

Natural acids in coffee help to remove dead skin cells and smooth away roughness while tone tired skin. It is well-known for detoxification or cleansing effect and also firms the skin. Coffee naturally changes your skin to a fresh, shining and smooth one.

60 minutes                      1,250 Baht

## *Secret Four Element Scrub*

Exfoliate to rejuvenate. By gently removing dull surface skin cells, this calming sea salt scrub leaves the skin clean & soft all over and facilitates the blood circulation. Suitable for all type of skin but not recommended for sensitive skin or sunburns.

60 minutes                      1,250 Baht



# WRAPS

*All body wraps include your choice of body scrub, and head massage while you are under wraps.*

## *The Detoxifying Wrap*

A luxuriant body wrap using freshly ground coffee revitalizing from the caffeine and anti-cellulite properties. It also contains Vitamin A and Vitamin E which act to protect the skin against free radicals and harmful UV rays from the sun.

60 minutes                      1,250 Baht

## *Slimming Detox Wrap*

Our detoxifying body wrap designed to reduce water retention, increase circulation, calm the nervous system, reduce cellulite, and relax both the mind and body. It is followed by the application of a seaweed body mask – a blend of seaweed, sea clay, spirulina, gotu kola, green tea, and a combination of detoxifying essential oils.

60 minutes                      1,250 Baht



# LEVISAGE

## *Luxsa Thai Herbal Facial*

A facial for both ladies and men. This reviving treatment will leave your skin feeling refreshed, energized and glowing. Your face will be cleansed with our homemade natural herbal scrub filled with natural extracts of vitamin followed by our herbal face made from yogurt and oats and completed with cucumber mask to rejuvenate your skin.

60 minutes                      1,500 Baht

- For normal to Dry skin.
- For combination to Oily Skin
- For Sensitive Skin
- For Age-Defying
- For Sunburn





# SIGNATURE PACKAGES

## *The Body Bliss*

2 hours      2,250 Baht

Detoxifying Scrub  
The Signature Oil Massage  
Blended herbal tea

## *The Facial Bliss*

2 hours      2,250 Baht

The Signature Oil Massage  
Luxsa facial treatment  
Blended herbal tea

## *The Balancing Energy*

2 hours      2,000 Baht

The Herbal Healing  
Energy Foot Mask  
Blended herbal tea